

# HEALTH & WELLBEING WEEK

## TUESDAY 2<sup>nd</sup> JUNE - FRIDAY 5<sup>th</sup> JUNE 2020

DAY	ACTIVITIES
<b>Monday</b> <b>1 June</b>	<p style="text-align: center;">SCHOOL</p> <p style="text-align: center;">HOLIDAY</p>
<b>Tuesday</b> <b>2 June</b>	<p style="text-align: center;">Resilience Alphabet - B, D, O            Cyrenians Presentation            Healthy Eating            Family Emotional Wellbeing - Star Breathing</p>
<b>Wednesday</b> <b>3 June</b>	<p style="text-align: center;">Resilience Alphabet - J, S, X            Healthy Body            Family Emotional Wellbeing - Sensory Box</p>
<b>Thursday</b> <b>4 June</b>	<p style="text-align: center;">Resilience Alphabet - I, L, U            Sports Day            Family Emotional Wellbeing - Muscle Tensing and Releasing</p>
<b>Friday</b> <b>5 June</b>	<p style="text-align: center;">Resilience Alphabet - R, T, W, Y            Family Emotional Wellbeing - Happy Memory            Great Arnage School Camp Out</p>